

Nutrition Advisory Committee

DATE 4/22/26

Board Members Present: Phyllis Mabie, Marilyn Merrill, Kathy Brown, Cathy Kampen, Judy Goehring, Bonnie Farr, Lucy Dewsnap

Board Members Absent: Louie Jordan

Agency Partners: Amelia Cisewski, Jeff Kampen

1. Call to Order	Amelia called the meeting at 9:48am
2. Pledge of Allegiance	
3. Review and Approve Agenda	Kathy B made a motion to approve the agenda. Jeff seconded. Motion passed.
4. Review and Approve Minutes	Cathy K made a motion to approve the minutes. Marilyn seconded the motion. Motion passed.
5. Introduction and Welcome	Introductions: Cathy- Endeavor; Phyllis- Montello; Judy- Westfield; Marilyn- HDM; Kathy- Oxford; Lucy Dewsnap- Endeavor; Jeff- Food Bank
6. Program implementation and Policy Review. <ul style="list-style-type: none"> a. Dining Sites b. Food Safety c. Volunteers 	<ul style="list-style-type: none"> • Montello Dining Site is at the Health & Human Services Building as of March 30, 2026. Meals are served Mondays and Fridays. Looking at possible Montello locations in the community. • Discussion on how each meal site functions a little differently. Will plan to have a food safety training this summer for volunteers. • There are some new volunteer site managers and volunteer drivers. Volunteer Appreciation Dinner is tonight.
7. Nutrition Program Education <ul style="list-style-type: none"> a. Nutrition Coordinator updates and projects b. Nutrition Education c. Food Sampling 	<ul style="list-style-type: none"> • Upcoming Stepping Up Your Nutrition workshop on Tuesday, June 9 at Oxford Village Hall from 1:00-4:00pm. • Discussion on updated Dietary Guidelines for Americans and new nutrition guidelines for our meals coming out this summer. • Nutrition education for April was Nutrition and Arthritis bingo at the meal sites. Discussion on future topics including cooking for 1 or 2 and for those new to cooking. Will survey for education topics. • Sampled Nutty Bean Bread. Feedback included: add other dried fruits or add chocolate chips Overall, enjoyed the bread and would like to see on the menu this summer.
8. Dining Sites & HDM <ul style="list-style-type: none"> a. Outreach & Public Involvement, program ambassador b. Advocacy c. Discussion on Ideas & Activities d. Older Americans Celebration & Picnics in the Park 	<ul style="list-style-type: none"> • Continue to invite others to dining sites. Send flyers to the food bank. • Wisconsin Aging Advocacy Network (WAAN) Day of Action Virtual Information Session is May 6 at 1:00pm. Shared link to register or for more info. • Oxford does card bingo after every meal. Participants bring in prizes. Westfield does Wii bowling on Mondays and Fridays before meal and play cards after every meal. Endeavor has a joke before every meal. Royal Bank presentation about fraud went over very well. • Older Americans Celebration Wed, May 13 in Endeavor. • Picnics in the Park- Westfield Pioneer Park <ul style="list-style-type: none"> ○ June 22, August 13, & September 15
9. Next Meeting	Monday, August 3 @ 10:00A.M. at the Montello Dining Site- location TBD Rotate (Endeavor, Montello, Oxford, Westfield) Meetings four times a year.
10. Motion to Adjourn	Adjourn at 11:06am, Judy motioned, Phyllis seconded the motion.

Minutes Submitted by Amelia Cisewski (Drafted 4/22/26)