Nutrition Advisory Committee

DATE 5/6/25

Board Members Present: Marian Heller, Phyllis Mabie, Bonnie Farr, Bonnie Farr, Marilyn Merrill

Board Members Absent: Louie Jordan, Lucy Dewsnap, Cathy Kampen

Agency Partners: Amelia Cisewski

1. Call to Order	Amelia called the meeting at 10:12am
2. Review and Approve Agenda	Bonnie made a motion to approve the agenda. Marilyn seconded the motion. Motion passed.
3. Introduction and Welcome	Introductions: Marian- Neshkoro; Bonnie- Oxford; Phyllis- Montello; Marilyn- Community Rep
4. Program implementation and Policy Review. a. Meal Prioritization b. Food Safety c. Volunteers	• Discussed meal prioritization and "Right Meal for You" concept. Discussion on federal and state funding and Aging Advocacy Day. • Finishing up food safety review with volunteers at the dining sites. • Several volunteers jump in and help at dining sites as needed. Many volunteers find it rewarding.
5. Nutrition Program Education a. Nutrition Coordinator updates and projects b. Nutrition Education c. Food Sampling	• Upcoming Walk with Ease workshop starting Tuesday, June 3 in Westfield. • Discussion on nutrition education topic ideas. Will be doing education on air fryers this summer. • Sampled Caramel Pumpkin Dip with apples. All enjoyed it and would like to see sampled at the dining sites and put on the menu. Plan to sample potential menu items at the future meetings. •
6. Dining Sites & HDM a. Outreach & Public Involvement, program ambassador b. Discussion on Ideas & Activities c. Older Americans Celebration d. Picnic in the Park	• Discussion on inviting others to the dining sites and how advisory council members can have an impact on the atmosphere of the sites. • Westfield started watching movies on Wednesday. Patsy will be performing in Westfield also. Montello and Oxford have done card making. • Older Amercians Celebration is Wednesday, May 14 in Endeavor. Encouraged everyone to attend and invite others. • Picnic in the Park Dates: Thursday, June 19- Boost Your Brain Presentation, Music by Les, Bag Toss Monday, July 28- TBD Tuesday, September 16- K9 Glory coming
7. Informational Items – Discussion Only.	Memory Cafe – 1st Wednesday of each month in Westfield.
8. Next Meeting	Tuesday, September 23 @ 10:00 A.M. at the Oxford Dining Site. {Rotate (End, Mont Nesh, Ox, Pack, West) Meetings four times a year.
9. Motion to Adjourn	Adjourn at 11:44am, Marilyn motioned, Marian seconded the motion.

Minutes Submitted by Amelia Cisewski (Drafted 5/6/25)