Nutrition Advisory Committee

DATE 10/30/24

Board Members Present: Marian Heller, Phyllis Mabie, Bonnie Farr, Lucy Dewsnap, Louie Jordan, Cathy Kampen, Bonnie Farr, Marilyn Merrill

Board Members Absent: None

Agency Partners: Amelia Cisewski

1. Call to Order	Amelia called the meeting at 9:36am
2. Review and Approve Agenda	Cathy made a motion to approve the agenda. Lucy seconded the motion. Motion passed.
3. Introduction and Welcome	Introductions: Marian- Neshkoro; Lucy and Cathy- Endeavor; Bonnie- Oxford; Phyllis- Montello; Louie- Packwaukee; Marilyn- Community Rep
4. Program implementation and Policy Review. a. Dining Site Reviews b. Food Safety c. Volunteers d. Inclement Weather	• Dining Site Review dates are all set. Reviewed forms. Opportunity for NAC members to be involved in the process to see what is required. • Hot temperature minimum lowered to 135 degrees F, based off the WI Food Code standard. • Things are going well with volunteers at sites. • If Montello or Westfield schools close due to inclement weather, the Senior nutrition program also closes. Sending out updates and shelf stable meals.
5. Nutrition Program Education a. Nutrition Coordinator updates and projects b. Nutrition Education c. Menu Surveys	• Discussion on Meal Prioritization Pilot and the Right Meal for You concept. It helps prevent a waiting list for HDMs. Discussion on program eligibility and assessments. • Have been sending out National Food Day info to the sites. Discussion on frozen fruit and 1% milk. • Sending out menu surveys in November. Focusing on top 5 favorites. Suggested using suggestion cards with questions instead of leaving open-ended and doing surveys more often to get current feedback.
6. Dining Sites & HDM a. Outreach & Public Involvement, program ambassador b. Discussion on Ideas & Activities c. Caregiver Luncheon	• Recommendation to share ADRC newsletters to those who are not aware of program. • Discussion on a tasting party. Start bringing food samples to NAC meetings for taste testing. • Discussion on sending out more word searches and puzzles to sites. Montello is starting to do crafts. Oxford is doing a card making club- lady brings in supplies and charges $10 for supplies. Reach out to K9 unit. Sheriff's Dept, and EMS for site presentations. • Caregiver Luncheon set for Friday, November 1st at Harrisville Sportman's Club.
7. Informational Items – Discussion Only.	Memory Cafe – 1st Wednesday of each month in Westfield.
8. Next Meeting	Monday, February 3 @ 9:30 A.M. at the Health & Human Services Building. Followed by kitchen tour and lunch at Dome at noon. {Rotate (End, Mont Nesh, Ox, Pack, West) Meetings four times a year.
9. Motion to Adjourn	Adjourn at 11:12am, Louie motioned, Marilyn seconded the motion.

Minutes Submitted by Amelia Cisewski (Drafted 10/30/24)