

Nutrition Advisory Committee

DATE 5/7/24

Board Members Present: Louis Jordan, Marilyn Merrill, Cathy Kampen, Lucy Dewsnap,
Anita Wilderman, Marian Heller

Board Members Absent: Bonnie Farr

Agency Partners: Amelia Cisewski

1. Call to Order	Amelia called the meeting at 10:00
2. Review and Approve Agenda	Cathy made a motion to approve the agenda. Lucy seconded the motion. Motion passed.
3. Introduction and Welcome	Introductions: Marilyn- community rep; Marian- Neshkoro; Lucy & Cathy- Endeavor; Louie- Packwaukee; Anita- Westfield
4. Program implementation and Policy Review. a. Updated Nutrient Standards b. Food Safety c. Volunteers	<ul style="list-style-type: none"> • Discussion on updated nutrient standards. Discussed 1% milk. Many like the 1% milk. • Discussed minimum hot temperature of food served. State lowered the hot temperature minimum from 140 degrees F down to 135 degrees F. • Plan on volunteer food safety training annually.
5. Nutrition Program Education a. Nutrition Coordinator updates and projects b. Nutrition Education	<ul style="list-style-type: none"> • Shared upcoming workshops- Walk with Ease 3 days for 6 weeks in Health and Human Services Building in Montello. Starts May 13. • Sites enjoyed National Nutrition Month Jeopardy. • Surveys participants and one third are interested in nutrition analysis for each meal. Currently sending calorie information to sites. Will start to send complete nutritional analysis to sites in March. • Discussion on sugar free dessert items.
6. Dining Sites & HDM a. Outreach & Public Involvement, program ambassador b. Discussion on Ideas & Activities	<ul style="list-style-type: none"> • Distributed flyers to churches around holidays. Sending more flyers to libraries, post at local businesses. Ask libraries to promote on Facebook pages. • Discussion on activities and speakers at sites. Activity calendars for sites.
7. Informational Items – Discussion Only.	Memory Cafe – 1 st Wednesday of each month in Westfield.
8. Next Meeting	Tuesday, May 7 th @ 10:00 A.M. at the Packwaukee location. {Rotate alphabetically. (Endeavor, Montello, Neshkoro, Oxford, Packwaukee, Westfield) Meetings four times a year. Meeting before the lunch meal.}
9. Motion to Adjourn	Adjourn at 11:58, Louie made the motion to adjourn.

Minutes Submitted by Amelia Cisewski (Drafted 5/7/24)