

ADRC Advisory Committee

DATE 8/4/2022

Board Members: Mary Walters, Judi Nigbor, Lynn Schwochert, Mona McTier, Cathy Kampen, Donna Brossard, Patty Pranke, Barb Jordan, Marilyn Merrill

Board Members Absent:

Others Present: Jan Krueger, Richell Kufahl

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| 1. Call to Order | Lynn called the meeting to order at 9:06 |
| 2. Pledge of Allegiance | |
| 3. Review and Approve Agenda | Judi made the motion to approve the agenda. Mary seconded the motion. Passed |
| 4. Citizen Comments | |
| 5. Review and Approve Minutes of 2/3/22 | Mary made the motion to approve the minutes from 5/5/22. Judi Seconded the motion. Motion Passed |
| 6. 2022-2024 Aging Plan | <p>Review Goals: Each Focus area.</p> <ul style="list-style-type: none"> • Title IIIB Supportive Services: <i>Work with the Transportation Coordinator to ensure adequate vehicles are available.</i> – Application was submitted for a bariatric wheelchair van and approved by the transportation grant. By June start offering multiple rider trips. This has started already. The mask and distance mandate has expired so we can take multiple riders. Goal Complete • Title IIIC Nutrition Program: <i>Incorporate fresher, nutrient-dense foods into the meals.</i> Menus were reviewed by Dietitian and met state requirements. Include local produce from the community garden. Working on the development of the garden and what items to include for the Food Bank and Nutrition Program. Goal Complete • Title IIID Health Promotions: Evaluate the current evidence-based Health Promotions Classes. Review the classes offered and locations that have had classes. Develop a priority of what classes to offer where. Classes offered: Stand Up Move More, Walk with Ease, Living Well. We have tried a new location this summer. Oxford Elementary is going well. Goal Complete • Title IIIE Caregiver Support: Return to an in-person support group. This has been met. We worked on having a location that could offer online and in-person meetings. The county has the service center room, so this was made possible. Offering the support group in different formats is ideal to reach more people. Goal Complete • Enhance Community Engagement: Have a booth at Fish N Fun. Fish N Fun is this weekend. The number of people served at Fish N Fun: 90 people in total. Goal Complete |

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| | <ul style="list-style-type: none"> • Equity: Staff will increase Knowledge/awareness of inclusivity issues. The state nutrition team has offered online training on Equity within the Nutrition Program. All Nutrition staff have gone through the online training offered. Goal Complete • Advocacy: Training/Education on the legislative Process. Information will be provided to dining sites on “who are our legislators and what role do they play. We are now planning this for a Fall topic. |
| 7. Events/topics (discussion only) | <ul style="list-style-type: none"> ❖ Staffing Needs – still seeking a Client Transporter. However, we gave a short break in advertising. Currently filling in the position with Fill-in staff. ❖ Fish N Fun outreach – Went well. Discussed the number of visitors and days/times the booth was open. Talked about only doing Saturday. Sunday did not have very much traffic. ❖ Fair outreach – Fair went well. Discussed days and hours the booth was staffed. Talked about the center location and how that is working out very nicely. ❖ Garden – Lynn brought up the Garden. It is struggling more this year. Wanting to get more help. Discussion on volunteers. Richell let the committee know that a lot of produce is being produced despite the nature of the weeds. The dirt was delivered a little late in the season. Discussion on weed control. So many plants were donated. Judy provided some information on Roundup and the use of other products. However, the cost versus value was discussed. Acknowledging the objectives are for the food bank and Nutrition Program. Suggested that it might be beneficial and cost-effective to go to the auction and go to local producers that sell produce. Richell provided information on some of the costs and donations for this year. Acknowledging the fence is an uncommon expense that happened this year. However, that expense will not be needed in years to come. Lynn discussed that as part of the ADRC Plan the garden is a goal and a good thing. Mary discussed the benefits of the garden and having a good impact. Jan discussed the culture of the nutrition program and the increasing focus on locally grown food. This is a focus on nutrition education and is part of the overall program and goals. ❖ Dining Site Discussion – Cathy expressed that they want plated meals at Endeavor. Discussed the increase in COVID numbers again. Discussed steps to reinstate plated meals. |
| 8. Schedule Next Meeting Date | November 3, 2022 @ 9am. |
| 9. Motion to Adjourn | On the completion of the Agenda Lynn calls the meeting to adjournment. 9:56 am. |
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Minutes Submitted by: Jan Krueger
(Drafted 8/4/22)