

# SUPPORT GROUPS

## Join in by phone or online

### **MEN'S CAREGIVER SUPPORT GROUP**

1st, and 3rd Tuesday • 1:00 - 2:30pm  
To participate contact 608-232-3400, ext 112  
Jeff.Hamm@alzwissc.org

### **ADULT CHILD**

#### **CAREGIVER SUPPORT GROUP**

1st and 3rd Wednesday • 6:30 - 8:00pm  
To participate contact 608-661-0463  
Noreen.Kralapp@alzwissc.org

### **DANE COUNTY**

#### **CAREGIVER SUPPORT GROUP**

Weekly on Thursday • 1:00 - 2:30pm  
To participate contact 608-661-0463  
Noreen.Kralapp@alzwissc.org

### **YOUNG-ONSET**

#### **CAREGIVER SUPPORT GROUP**

1st and 3rd Monday • 5:00 - 6:30pm  
To participate contact 608-661-0463  
Noreen.Kralapp@alzwissc.org

### **LEWY BODY DEMENTIA**

#### **CAREGIVER SUPPORT GROUP**

2nd and 4th Wednesday • 1:30 - 3:00pm  
To participate contact 608-697-2838  
Janet.Wiegel@alzwissc.org

### **"CONVERSATIONS"**

#### **EARLY STAGE DEMENTIA SUPPORT GROUP**

Weekly on Wednesday • 10:00 - 11:30am  
To participate contact 608-661-0463  
Noreen.Kralapp@alzwissc.org

### **CRAWFORD COUNTY**

#### **CAREGIVER SUPPORT GROUP - In Person**

4th Tuesday • 10:00 - 11:00am  
To participate contact 608-723-4288  
Heather.Moore@alzwissc.org

### **GRANT COUNTY**

#### **CAREGIVER SUPPORT GROUP**

Thursdays, April 15th, 29th and May 13th  
1:00 - 2:00pm  
To participate contact 608-723-4288  
Heather.Moore@alzwissc.org

### **ROCK COUNTY**

#### **CAREGIVER SUPPORT GROUP**

1st Wednesday • 9:30 - 11:00am  
To participate contact 608-843-3544  
Teena.Monk-Gerber@alzwissc.org

### **PORTAGE CAREGIVER SUPPORT GROUP**

1st Monday • 1:00 - 2:30pm  
To participate contact 608-697-2838  
Janet.Wiegel@alzwissc.org

### **COLUMBUS CAREGIVER SUPPORT GROUP**

2nd Thursday • 10:00 - 11:30am  
To participate contact 608-697-2838  
Janet.Wiegel@alzwissc.org

### **REEDSBURG CAREGIVER SUPPORT GROUP**

3rd Thursday • 12:00 - 1:30pm  
To participate contact 608-697-2838  
Janet.Wiegel@alzwissc.org

### **SPRING GREEN**

#### **CAREGIVER SUPPORT GROUP**

4th Monday • 1:00 - 2:30pm  
To participate contact 608-697-2838  
Janet.Wiegel@alzwissc.org



CALENDAR VERSION

<https://www.alzwissc.org/events-calendar/>

# UPCOMING PROGRAMS

Join in by phone or online, unless otherwise noted

## Home Safety and Dementia

Tuesday, April 20th

- 10-11:30am with Teena Monk-Gerber
- 1-2:30pm with Janet Wiegel

For more information & to register contact

[Teena.Monk-Gerber@alzwissc.org](mailto:Teena.Monk-Gerber@alzwissc.org) or [Janet.Wiegel@alzwissc.org](mailto:Janet.Wiegel@alzwissc.org)

## Is it Time for Facility Care?

Tuesday, April 27th • 1-2:30pm

For more information & to register contact

[Janet.Wiegel@alzwissc.org](mailto:Janet.Wiegel@alzwissc.org)

## End of Life and Dementia

Thursday April 29th • 10 - 11:30am

For more information & to register contact

[Heather.Moore@alzwissc.org](mailto:Heather.Moore@alzwissc.org)

## Creative Engagement

Tuesday, May 4th

- 10-11:30am with Teena Monk-Gerber
- 1-2:30pm with Janet Wiegel

For more information & to register contact

[Teena.Monk-Gerber@alzwissc.org](mailto:Teena.Monk-Gerber@alzwissc.org) or [Janet.Wiegel@alzwissc.org](mailto:Janet.Wiegel@alzwissc.org)

## Powerful Tools for Caregivers

Six Wednesday afternoons • 1:30-3:30 pm

May 5th through June 9th

Registration Required by April 28th

For more information or to register contact the Rock County Council on Aging

[Lisa.Messer@co.rock.wi.us](mailto:Lisa.Messer@co.rock.wi.us)

## Legal and Financial Planning Seminar

Two Dates Available:

Monday, May 10th • 11:30 am - 1:00 pm

Monday, May, 24th • 6:00 - 7:30 pm

Registration Required

For more information or to register contact

[heather.moore@alzwissc.org](mailto:heather.moore@alzwissc.org)

## Understanding and Responding to Behavior Changes

Monday, May 10th • 4:30 - 6:00 pm

For more information & to register contact

[Heather.Moore@alzwissc.org](mailto:Heather.Moore@alzwissc.org)

## Memory Café

Friday, May 14th • 10:00 am - 12:00 pm

"Surprise Destination"

For more information or to register contact

[teena.monk-gerber@alzwissc.org](mailto:teena.monk-gerber@alzwissc.org)

## Memory Café - In Person

Tuesday, May 18th • 10:00-11:30 am

Music by Lou Oswald

Hoffman Hall in Prairie du Chien

For more information or to register contact

[heather.moore@alzwissc.org](mailto:heather.moore@alzwissc.org)

## Communication and Emotions in Late Stage Dementia

Tuesday, May 25th

- 10-11:30am with Teena Monk-Gerber
- 1-2:30pm with Janet Wiegel

For more information & to register contact

[Teena.Monk-Gerber@alzwissc.org](mailto:Teena.Monk-Gerber@alzwissc.org) or [Janet.Wiegel@alzwissc.org](mailto:Janet.Wiegel@alzwissc.org)

## End of Life and Dementia

### Lunch and Learn with Agrace

Tuesday, June 1st • 11:00 am - 12:30pm

For more information & to register contact

[Janet.Wiegel@alzwissc.org](mailto:Janet.Wiegel@alzwissc.org)

## Boost Your Brain Health

Tuesday, June 8th

- 10-11:30am with Teena Monk-Gerber
- 1-2:30pm with Janet Wiegel

For more information & to register contact

[Teena.Monk-Gerber@alzwissc.org](mailto:Teena.Monk-Gerber@alzwissc.org) or [Janet.Wiegel@alzwissc.org](mailto:Janet.Wiegel@alzwissc.org)

## We All Forget: What's Normal Aging and When Should I Be Concerned?

Tuesday, June 22nd

- 10-11:30am with Teena Monk-Gerber
- 1-2:30pm with Janet Wiegel

For more information & to register contact

[Teena.Monk-Gerber@alzwissc.org](mailto:Teena.Monk-Gerber@alzwissc.org) or [Janet.Wiegel@alzwissc.org](mailto:Janet.Wiegel@alzwissc.org)

## Meeting of Minds

Weekly on Tuesdays • 10:00am-11:30am

For more information & to register contact

[Noreen.Kralapp@alzwissc.org](mailto:Noreen.Kralapp@alzwissc.org)

## Meeting of Minds II

Weekly on Thursdays • 10:00am-11:30am

For more information & to register contact

[Noreen.Kralapp@alzwissc.org](mailto:Noreen.Kralapp@alzwissc.org)

## Arts Memory Café - In Person

First Wednesday of Each Month:

April 7th, May 5th, June 2nd & July 7th

1:00-3:00pm

Madison Museum of Contemporary Art

For more information & to register contact

[Noreen.Kralapp@alzwissc.org](mailto:Noreen.Kralapp@alzwissc.org)

## Think Cap Café

Weekly on Thursdays • 11 am-12:15pm

In Partnership with NewBridge Madison

For more information & to register contact

[DeanaW@NewBridgeMadison.org](mailto:DeanaW@NewBridgeMadison.org)

