

ADRC Advisory Committee

DATE 7/30/2020

Board Members:

Mary Walters, Judi Nigbor, Mona McTier, Cathy Kampen, Lynn Schwochert, Jan Banicki, Donna Fisher, Marilyn Merrill

Board Members Absent: Barb Jordan,

Others Present: Jan Krueger, Kiley Lloyd

1. Call to Order	Kiley Lloyd called meeting to order at 9:03
2. Pledge of Allegiance	
3. Review and Approve Agenda	Judi made the motion to approve the agenda. Jan Banicki seconded the motion.
4. Election of new Chairperson	Judi nominated Lynn Schwochert for Chair. Barb Jordan sent an email nomination for Judi Nigbor. Judi Nigbor declined the nomination. No other nominations. Single ballot for Lynn Schwochert. Single ballot approved and passed with all in favor.
5. Citizen Comments	None
6. Review and Approve Minutes of 1/23/20	Jan Banicki made the motion to approve the minutes and Mona seconded the motion. Mary, Judi, and Marilyn abstained they were not present at last meeting.
7. 2019-2021 Aging Plan Review of goals.	<p>All of the 2019 goals have been completed.</p> <p>2020 Goals/Updates</p> <p>Focus Area 6-A. Advocacy Related Activities</p> <p style="padding-left: 20px;">2. Increasing community awareness on legislative topics impacting Healthy Aging. The ADRC will provide all dining sites with information from GWAAR and WAAN on legislative topics. These topics will be shared/posted for seniors to review. Dining site managers will assist in collecting thoughts on cards. Cards will be made available to all senior dining locations. 2020</p> <p>Focus Area 6-B. The Elder Nutrition Program</p> <p style="padding-left: 20px;">2. To reduce isolation and increase social engagement, the Nutrition Coordinator will have a monthly question to spark thoughts/conversation. Question of the Month for both HDM and congregate sites. Successful completion will be evidenced by 6 written responses published in the newsletter in 2020.</p> <p>Focus Area 6-C. Services in Support of Caregivers</p> <p style="padding-left: 20px;">2. To provide more caregiver education in Marquette County, the ADRC will publish an informational article related to caregiving. The article will be distributed to community churches. Successful completion will be evidenced by 3 churches running the article in their church bulletin.</p> <p>Focus Area 6-D. Services to People with Dementia</p> <p style="padding-left: 20px;">2. Enhancing dementia awareness and offering support to services, the ADRC will offer memory screens in the home during Home Delivered Meal assessment. Successful completion will be having 5 joint home visits in 2020.</p> <p>Focus Area 6-E. Healthy Aging</p> <p style="padding-left: 20px;">2. To increase Health Promotions Programs available in Marquette County, the ADRC will have at least one volunteer trained in a Highest</p>

	<p>Level Evidenced Based Health Promotions Program. Successful completion will be to have a volunteer lead a Health Promotions Program class by 2020.</p> <p>Focus Area 6-F. Local Priorities</p> <p>3. To increase access to non-medical services, the transportation program will offer for a “shopping” trip 1x/month. A successful shopping trip will have at least 3 participants 7x/year by 2020.</p> <p>Discussion on all goals and suggestions for modification as related to COVID. Recommendation to focus on social isolation. The committee was in agreement that reducing isolation is the most important think right now.</p> <p>Recommendation for a flyer to be posted at municipalities and public spots advertising the ADRC, ADRC website and awareness of the newsletter.</p> <p>Recommendation for Transportation to start up the shopping trips again. While social distancing, take the large bus and offer different areas of the county the option to go shopping. Instead of 1x/month having a large number of people going offer more frequent trips and smaller number of people.</p>
8. ADRC one-time funding	New building sign was drafted and approved through property committee. The sign was installed by May 2020.
9. Events/topics (discussion only)	<p>Senior and Technology class started in February. The class was held at the Endeavor Library. Another class was scheduled for March/April, but was canceled due to COVID. Montello and Westfield also held the classes. The committee would like to see a way for this to continue.</p> <p>Discussion on the Newsletter and distribution.</p> <p>Tasks to be worked on by next meeting:</p> <ul style="list-style-type: none"> • Start Shopping Trips by September • Advertisement flyer for ADRC/Website/Newsletter to the Municipalities and put in the newspaper. • Technology Classes: offer “sip n swipe” or similar technology classes in small groups. See what municipalities are open to a small group or see what library is available. Coaches are Needed.
10. Schedule Next Meeting Date	September 24 th at 11am.
11. Motion to Adjourn	Marilynn made the motion to adjourn and Cathy made the second to the motion. Adjourn at 10:37am.

Minutes Submitted by Jan Krueger
(Drafted 7/30/20)