

ADRC Advisory Committee

DATE 1/23/20

Board Members: Mike Raddatz, Kathy Jo Locke, Mona McTier, Cathy Kampen, Lynn Schwochert, Jan Banicki

Board Members Absent: Barb Jordan, Donna Fisher, Marilynn Merrill

Others Present: Jan Krueger, Jen Vote

1. Call to Order	Mike called meeting to order at 9:30
2. Pledge of Allegiance	
3. Review and Approve Agenda	Kathy Jo made the motion to approve the agenda. Jan B. seconded the motion. Motion passed.
4. Citizen Comments	None
5. Review and Approve Minutes of 10/24/19	Kathy Jo made the motion to approve the minutes and Mona seconded the motion. Jan B. abstained as she was not here.
6. Aging Plan Budget	Review and approval of Aging Plan Budget; Kathy Jo made motion to approve the budget Cathy seconded the motion. Motion passed.
7. 2019-2021 Aging Plan Review of goals.	<p>All of the 2019 goals have been completed.</p> <p>2020 Goals/Updates</p> <p>Focus Area 6-A. Advocacy Related Activities</p> <p style="padding-left: 20px;">2. Increasing community awareness on legislative topics impacting Healthy Aging. The ADRC will provide all dining sites with information from GWAAR and WAAN on legislative topics. These topics will be shared/posted for seniors to review. Dining site managers will assist in collecting thoughts on cards. Cards will be made available to all senior dining locations. 2020</p> <p>Focus Area 6-B. The Elder Nutrition Program</p> <p style="padding-left: 20px;">2. To reduce isolation and increase social engagement, the Nutrition Coordinator will have a monthly question to spark thoughts/conversation. Question of the Month for both HDM and congregate sites. Successful completion will be evidenced by 6 written responses published in the newsletter in 2020.</p> <p>Focus Area 6-C. Services in Support of Caregivers</p> <p style="padding-left: 20px;">2. To provide more caregiver education in Marquette County, the ADRC will publish an informational article related to caregiving. The article will be distributed to community churches. Successful completion will be evidenced by 3 churches running the article in their church bulletin.</p> <p>Focus Area 6-D. Services to People with Dementia</p> <p style="padding-left: 20px;">2. Enhancing dementia awareness and offering support to services, the ADRC will offer memory screens in the home during Home Delivered Meal assessment. Successful completion will be having 5 joint home visits in 2020.</p> <p>Focus Area 6-E. Healthy Aging</p> <p style="padding-left: 20px;">2. To increase Health Promotions Programs available in Marquette County, the ADRC will have at least one volunteer trained in a Highest Level Evidenced Based Health Promotions Program. Successful completion will be to have a volunteer lead a Health Promotions Program class by 2020.</p>

	<p>Focus Area 6-F. Local Priorities</p> <p>3. To increase access to non-medical services, the transportation program will offer for a “shopping” trip 1x/month. A successful shopping trip will have at least 3 participants 7x/year by 2020.</p>
8. ADRC one-time funding	New building sign was drafted and approved through property committee. Work will start in the spring, hopefully by April.
9. Events/topics (discussion only)	Senior and Technology class will start in February. Another class will be held in March. Discussion on the Newsletter and distribution. Committee would like more copies down at the Care and Share Food Bank. Will check on any extra newsletters to send to the Food Bank. Will contact LPI on increasing the amount printed and what the cost will be.
10. Schedule Next Meeting Date 11.	April 23 rd at 9:30am
12. Motion to Adjourn	Lynn made the motion to adjourn at 10:37am.

Minutes Submitted by Jan Krueger
(Drafted 1/23/20)