

## Marquette County Department of Human Services

### Nutrition Advisory Council

*DATE 3/13/2019*

Members Present: Edwin Stelter, Barb Haefner, Marian Heller, Sally Witz, Marilyn Merrill, Sammy Tousey, Virginia Beitzel, Joyce Komorowski, Cathy Kampen, Lucy Dewsnap

Others Present: Amelia Cisewski

Not present: Naomi Fritz, Judy Johnson

1. Call to Order	Ed called the meeting to order at 10:28am
2. Pledge of Allegiance	
3. Approval of Agenda	Cathy made the motion to approve the agenda and Lucy seconded the motion. Motion passed.
4. Introduction and Welcome of Attendees	Introduction of all participants.
5. Review and approval of Minutes	Joyce made the motion to approve and Barb seconded the motion. Motion passed.
6. Add LIFE Centers a) Ideas and Activities b) Quality and Service of meals	<p>Westfield- Going to the Milwaukee Domes on May 2. New Life Therapy- March 22. Shari Sarazin- plays harp &amp; sings April 10. Having a St. Patrick's Day party. Sheena no longer comes to do yoga. Have some new volunteers.</p> <p>Neshkoro- the rice is not as dry as it used to be. Cake with the fruit was very good. 3 days squash in a row in Feb</p> <p>Endeavor- wants to have chocolate &amp; vanilla ice cream, really liked the brown bread. Has show and tell which is successful. In July it will be Endeavor's 10<sup>th</sup> anniversary celebration of the building, promote the program and have entertainment. Wants the ingredients of food on the menu.</p> <p>Oxford- did not like the chocolate mashed potato cupcakes, they were too heavy and dry, no flavor. Liked the chicken tenders. Overall food is good</p> <p>Montello- Meals are good/fair. Edamame salad was not the best, should have more color, maybe would have been better warm.</p> <p>Liked the apricot ham meal. Would prefer 1% cottage cheese instead of 2%.</p>
7. ADRC a) Nutrition Coordinator updates and projects b) March Nutrition Month c) May Older American Celebration d) Health and Safety within the Nutrition Program	<p>Nutrition Bingo is going well at sites.</p> <p>Review of nutrition program guidelines, had some discussion on certain nutrients.</p> <p>This year- June August, October</p> <p>June- Monday, June 10<sup>th</sup> Neshkoro, Packwaukee, Westfield, and Montello meal at 5:00</p> <p>August – Thursday August 1<sup>st</sup>- Oxford, Westfield, Montello</p> <p>October- Tuesday October 8<sup>th</sup>- Oxford, Westfield, Montello</p> <p>Older Americans Celebration- Thursday, May 9<sup>th</sup> in Westfield</p> <p>Wii bowling tournament- Montello, Westfield (Oxford, Neshkoro not interested)</p>

8. Information items a) 2019 Meeting dates b) Memory Café	January - Montello 1/21/19 March – Endeavor 3/13/19 May - Packwaukee 5/20/19 July – Oxford 7/16/19 September - Westfield 9/16/19 November - Neshkoro 11/18/19 Reminder of the memory café. 1 <sup>st</sup> wed of the month. Decorating cookies for next month. Advocacy Day on Tuesday, May 14 <sup>th</sup>
9. Next Meeting	May 20, 2019 at the Packwaukee site at 10:30
10. Motion to Adjourn	Joyce made a motion to adjourn. Lucy seconded the motion 11:23am.

Minutes Submitted by: Amelia Cisewski

(Drafted 3/13/2019)