

ADRC Advisory Committee

DATE 1/24/19

Board Members: Mike Raddatz, Kathy Jo Locke, Barb Jordan, Mona McTier, Lynn Schwochert, Cathy Kampen, Jan Banicki, Marilynn Merrill, Donna Fisher.

Board Members Absent:

Others Present: Jan Krueger

1. Call to Order	Mike called meeting to order at 9:30am
2. Pledge of Allegiance	
3. Review and Approve Agenda	Jan made the motion to approve the agenda and Barb seconded the motion. Motion carried. Realized some people did not have the updated agenda. Barb made the motion to approve the amended agenda and Marilyn seconded the motion. Motion carried.
4. Citizen Comments	none
5. Review and Approve Minutes of 10/25/18	Mona made the motion to approve the minutes and Marilyn seconded the motion. Motion carried.
6. 2018 Self- Assessment review and approval	<i>Kathy Jo made the motion to approve the 2018 Self-Assessment as presented. Jan seconded the motion. Motion Passed.</i>
7. 2019-2021 Aging Plan Review of goals.	<p>Focus Area 6-A. Advocacy Related Activities</p> <ol style="list-style-type: none"> 1. Let's make advocacy vibrant. The ADRC will purchase vibrant index/post cards. The post cards will be used to send representatives information on what matters to seniors/healthy aging. Make your representatives aware of what matters to you. (Help your opinion stand out- fill the card out). Cards available in 2019. <p>Focus Area 6-B. The Elder Nutrition Program</p> <ol style="list-style-type: none"> 1. Offer information on health literacy, the Nutrition Coordinator will provide a nutrition related activity designed for distribution to HDM/Dining Sites/ and an article in the newspaper. Successful completion will be evidenced by 6 activities in 2019. <p>Focus Area 6-C. Services in Support of Caregivers</p> <ol style="list-style-type: none"> 1. Increase the ease of accessing the information/resources available to caregivers and the community. The ADRC will update the website to include/expand the amount of information available to caregivers by 2019. This will include information on the Caregiver Support Group and revamping the information that is available to Marquette County Residents. Successfully completion will be measured by a 10% increase of website utilization in 2019. Alex is doing Dining Site Presentations at all locations in February 2019 <p>Focus Area 6-D. Services to People with Dementia</p> <ol style="list-style-type: none"> 1. To increase dementia awareness in Marquette County, The ADRC will coordinate a training for law enforcement/first responders about working with someone with dementia. The training will have 20 participants and be completed by 12/2019. The opportunity for this training was available and was scheduled and completed in June 2018.

	<p>Focus Area 6-E. Healthy Aging</p> <ol style="list-style-type: none"> To increase Health Promotions Programs, we will have two leaders trained in Living well with Chronic Conditions and offer a class in the spring of 2019. Successful completion will have 10 participants enrolled with a 75% completion rate. The leaders have been trained – still need to schedule the dates of spring class. <p>Focus Area 6-F. Local Priorities</p> <ol style="list-style-type: none"> Increase technology information for Seniors. The ADRC along with local Libraries will offer Seniors and Technology classes. The class may involve information related to computers, internet, tablets, and smart phones. Successful completion of goal will be demonstrated by 10 seniors participating in 2019. <p>Additional discussion on outreach at the Food Bank. Would like to take some senior newsletters and ADRC magnets or business cards. On February 7th Barb, Marilyn, and Kathy Jo will do an outreach at the food bank.</p>
8. Transportation	Wheelchair accessible van. We have received it and it is in use.
9. Schedule Next Meeting Date	April 25 th at 9:30am
10. Motion to Adjourn	Marilyn made the motion to adjourn and Jan seconded the motion.

Minutes Submitted by Jan Krueger
(Drafted 1/24/19)