

Marquette County Department of Human Services

Nutrition Advisory Council

DATE 1/21/2019

Members Present: Edwin Stelter, Barb Haefner, Marian Heller, Sally Witz, Marilyn Merrill, Sammy Tousey, Judy Johnson, Virginia Beitzel, Joyce Komorowski, Cathy Kampen, Lucy Dewsnap,

Others Present: Jan Krueger

Not present: Naomi Fritz,

1. Call to Order	Ed called the meeting to order at 10:30am
2. Pledge of Allegiance	
3. Approval of Agenda	Joyce made the motion to approve the agenda and Cathy seconded the motion. Motion passed.
4. Introduction and Welcome of Attendees	Introduction of all participants.
5. Review and approval of Minutes	Cathy made the motion to approve and Joyce seconded the motion. Motion passed.
6. Add LIFE Centers a) Ideas and Activities b) Quality and Service of meals	<p>Montello – Wii Bowling has started up again. They try different things each time. Bowl opposite handed. Montello is working on getting a trip together to go and visit Lambeau Field – most likely June, Maybe another trip to a ski lift in the fall. They are working on putting a puzzle together that does not have a picture. They play cards the other days. Do have some exercise. Guy from silver sneakers is going to come and check to see if they are exercising the correct way.</p> <p>Neshkoro – Wii bowling, cards and chatting. Plan parties for holiday events and presentations. Roger plays music once a month.</p> <p>Oxford – cards, talking and a few presentations. -Crawford Funeral Home came and presented to the group. The presentation was excellent. No one was pressured into “buying” anything. Mike from the Sheriff dept. came with the K9 Dog and did a little demonstration.</p> <p>Westfield – Bowling M, W, Th, play cards, puzzles, talking. – Doc Hines is scheduled to come. The geezer is going to come and play music. Exercise – M, W, F.</p> <p>Packwaukee – exercise, started to play sheep’s head, bingo just for fun some days, a lot of talking – social group. Had Crawford Funeral Home come and present this presentation was also excellent.</p> <p>Endeavor – stated playing cards before lunch, show and tell is coming back. Up to 40 people on a regular basis. Have several new volunteers to help out.</p> <p>Vegetable soup last Wednesday was not good. Hot water with can veggies. No flavor. Don’t use that recipe again. Beef steak meal was excellent. – Chocolate silk pie was fantastic. Waldorf Salad – was very sweet.</p>

	<p>Eggplant lasagna – want that again!!. Keep the wraps coming. Keep the salads coming. Quinoa salad was really good. 3-bean salad was not very good. Sauce on it was not good.</p> <p>Some people do not like all of the herbs and spices. January 7th the quinoa was too spicy. Some people did not like the rosemary on the fired potatoes. Overall most of the meal are good.</p> <p>Rolls not on the plate or in a bag they were put on the table - This past Thursday -at the oxford dining site – newer person was helping the dining site manager that day.</p>
<p>7. ADRC a) Nutrition Coordinator updates and projects b) Health and Safety within the Nutrition Program</p>	<p>Review of the letter sent by Jean. The council members want a letter send to all of the dining sites. Post on the Website. The Nutrition program is doing a good job and we had a successful review.</p> <p>Discussion on meals and expectations of the program. More veggies, beans, and a general diet.</p>
<p>8. Information items a) 2019 Meeting dates b) Memory Café</p>	<p>January - Montello 1/21/19 March – Endeavor 3/13/19 May - Packwaukee 5/20/19 July – Oxford 7/16/19 September - Westfield 9/16/19 November - Neshkoro 11/18/19 Reminder of the memory café. 1st wed of the month. Decorating cookies for next month.</p>
<p>9. Next Meeting</p>	<p>March 13, 2019 at the Endeavor site at 10:30</p>
<p>10. Motion to Adjourn</p>	<p>Marilyn made motion to adjourn. Lucy seconded the motion. 11:39am.</p>

Minutes Submitted by Jan Krueger
(Drafted 1/21/2019)