

Marquette County Department of Human Services

Nutrition Advisory Council

DATE 11/14/2018

Members Present: Edwin Stelter, Barb Haefner, Marian Heller, Cathy Kampen, Lucy Dewsnap, Sally Witz, Marilyn Merrill, Sammy Tousey

Others Present: Amelia Cisewski, Jan Krueger, Jean Lynch

Not present: Joyce Komorowski, Virginia Beitzel, Judy Johnson, Naomi Fritz,

1. Call to Order	Ed called the meeting to order at 10:30.
2. Pledge of Allegiance	
3. Approval of Agenda	Kathy made the motion to approve the agenda and Marilyn seconded the motion. Motion passed.
4. Introduction and Welcome of Attendees	Introduction of all participants. Lucy made the motion to nominate Sammy to represent Westfield as a dining site representative. Kathy seconded the motion. Motion passed.
5. Review and approval of Minutes	Marian made the motion to approve and Barb seconded the motion. Motion passed.
6. Add LIFE Centers a) Ideas and Activities b) Quality and Service of meals	<p>Barb has a few concerns. Discussion on serving and who needs to be certified.</p> <p>Westfield – 3 days of Wii bowling now, cards, and puzzles. Endeavor, does not want so many speakers they like to socialize and leave after the meal. Neshkoro does not want 3 speakers a month. They want time for Wii bowling and cards after the meal. Westfield would like show and tell like Endeavor presented.</p> <p>Quality and Service of Meals –The council really wants raspberry balsamic salad dressing at the sites. some improvements are needed for the rice as it is really dry.</p> <p>Kathy the food is not hot. She is last in line. Can't get the food to the people fast enough by the 40th person the food is not hot. Discussed leaving the lid half way on and hot plates.</p> <p>Frozen vegies are either frozen or mush. Maybe smaller more pans to keep the food hot. White chili was cold by the time the last people were served. More discussion on suggestions of hot plate, steam table, leaving the lid on half-way while serving.</p> <p>Liver onion stew. Montello and Westfield really liked it. The description was a little concerning but was really good. White Chili was really good. Lasagna was fantastic. Summer Salad was really good. Westfield would like more salads.</p>
7. ADRC	We will be doing the site reviews this next month or so. Survey and the health department will be doing the certification.

<p>a) Nutrition Coordinator updates and projects</p> <p>b) Health and Safety within the Nutrition Program GWAAR training for the Nutrition Council as ambassadors of program.</p>	<p>Jean had a discussion on being an ambassador of the program. The council is the eyes and ears of the program. The Council is the connection between the community and the program.</p> <p>Help break down barriers for people to come to the meal site. Getting over the fear or anxiety of visiting for the first time. Sammy talked about how the dining site has changed her life.</p> <p>Discussion on donation for the meals. Keeping it anonymous. Discussion on Meal Pattern, Forecasting, no reservations, meal choice options.</p> <p>GWAAR information – How does socialization affect the dining site. Our local dining sites participated in the Federal Survey. 76% of people answering in the survey have more friends now just because they attend the Dining Site.</p> <p>Jean talked about the Startup kit. Sustainable kitchens contract. Partner with GWAAR. Revamping menu, kitchen, marketing.</p>
<p>8. Information items</p> <p>a) 2019 Meeting dates</p> <p>b) Memory Café</p>	<p>January - Montello 1/21/19 March – Endeavor 3/13/19 May - Packwaukee 5/20/19 July – Oxford 7/16/19 September - Westfield 9/16/19 November - Neshkoro 11/18/19</p> <p>Reminder of the memory café. 1st wed of the month. Decorating cookies for next month.</p>
<p>9. Next Meeting</p>	<p>January 21st, 2019 at the Montello site.</p>
<p>10. Motion to Adjourn</p>	<p>Marilynn made motion to adjourn. Barb seconded the motion.</p>

Minutes Submitted by Jan Krueger
(Drafted 11/14/2018)