**Marquette County Department of Human Services**

**Nutrition Advisory Council**

*DATE 1/16/18*

Members Present: Marilyn Merrill, Judy Johnson, Edwin Stelter, Joyce Komorowski, Amelia Cisewski, Jan Krueger, Cathy Kampen, Virginia Beitzel.

Others Present:

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| 1. Call to Order | Ed called the meeting to order at 10:30am |
| 1. Pledge of Allegiance | Recited the pledge of allegiance |
| 1. Approval of Agenda | Kathy made a motion to approve the Agenda and Joyce made the second. Motion passed. |
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| 1. Introduction and Welcome of Attendees | No new members |
| 1. Review and approval of Minutes | Marilyn made a motion to approve the Minutes and Joyce made the second. Motion passes. |
| 1. Add LIFE Centers    1. Discussion on Ideas & Activities from each site    2. Discussion on quality and service of meals    3. Pick Date/location of Evening Meals (first one typically in April)    4. March is Nutrition Month – What is each site planning | Endeavor Kathy is making a Norwegian desert – tomorrow.  In May – Montello will have a Spaghetti dinner and memorial for Jerry. Oxford started chair exercises prior to the meal. Playing cards is the thing to do at Oxford site. Speaker last Thursday and guys started playing cards. Mix between cards and other activities. Montello starting Wii bowling on Tuesday and Thursdays. Packwaukee – started playing bingo – small group they just like the social hour. Line dancing from 10-11am prior to the meal in Packwaukee. Montello chair exercises on MWF.  Phillie steak sandwich was the best. Chunky veggie soup was fantastic. All sites really like the chicken wrap. Loved the chili. Bacon and cheese egg bake, baked potato casserole was great – Packwaukee. Beats were not very appetizing they turned blacker. Liked mushroom pork – but wanted more of a gravy instead of light sauce. Broccoli salad was good. Chicken parmesan was very good. Check color of meal. One day all items were Yellow.  Dates of Evening meal: April (Tuesday) 17th , June (Monday) 11th, August (Thursday) the 2nd.  February – Truffles and health fats for valentines - Oxford February 13th.  March – nutrition month – Amelia will come to the sites for cooking demo and awareness. Healthy samples of food. March 15 – Oxford, Packwaukee – Monday will work. Nutrition trivia of the day with small prizes. Recipe contest. Other ideas are welcome. Amelia will work on scheduling the rest of the sites. |
| 1. ADRC |  |
| 1. Nutrition Coordinator updates and projects 2. Health and Safety within the Nutrition Program 3. Site reviews – Results of each review | Amelia will be coming to the dining sites and do a refresher training on sanitation. (Hair nets, aprons, gloves and washing hands).  Site reviews at all of the sites. The reviews went well. One concern – locked donation boxes are not at all of the sites. Dining site manager do not have change and do not have time to make the change. Review of the process. |
| 1. Informational Items | All of the sites want the minutes right after the meeting to post. They are willing to post the minutes with the word Draft written on them. The minutes are not actually approved until the following meeting when the committed makes the motion for approval and it passes the committee. Draft minutes will be sent out to the committee. |
| 1. Memory Cafe – 1st Wednesday of each month in Westfield 2. 2018 meeting dates: 3. Additional items for discussion only | January – Montello 1/16/18  March – Endeavor 3/21/18  May – Packwaukee 5/7/18  July – Oxford 7/10/18  September – Westfield 9/18/18  November – Neshkoro 11/13/18  All meeting are at 10:30am |
| 1. Next Meeting 3/21/18 at Endeavor Add LIFE Senior Dining Site 10:30 am |  |
| 1. Motion to Adjourn | Marilyn made a motion to Adjourn and Vergie made the second. |

Minutes Submitted by Jan Krueger

(Drafted 1/16/2018)