

Nutrition Advisory Committee

DATE 8/12/24

Board Members Present: Marian Heller, Phyllis Mabie, Bonnie Farr, Lucy Dewsnap

Board Members Absent: Louis Jordan, Bonnie Farr, Marilyn Merrill, Cathy Kampen

Agency Partners: Amelia Cisewski

1. Call to Order	Amelia called the meeting at 10:04am
2. Review and Approve Agenda	Lucy made a motion to approve the agenda. Marian seconded the motion. Motion passed.
3. Introduction and Welcome	Introductions: Marian- Neshkoro; Lucy - Endeavor; Bonnie- Oxford; Phyllis- Montello
4. Program implementation and Policy Review. <ul style="list-style-type: none"> a. Dining Site Reviews b. Food Safety c. Volunteers 	<ul style="list-style-type: none"> • Will set up Dining Site Reviews with the NAC members this fall. • Discussed on water pitchers on the tables. • Discussion on food safety for milk. Sites have been receiving some sour milk. Milk was coming sour from supplier. • Food safety training done annually at sites for volunteers. • Discussion on standards handout and cheat sheets posted on fridge at site. Posted at some sites but will post at all.
5. Nutrition Program Education <ul style="list-style-type: none"> a. Nutrition Coordinator updates and projects b. Meal Prioritization Update c. Nutrition Education d. Malnutrition Awareness Week 	<ul style="list-style-type: none"> • Shared upcoming Walk with Ease and Stand Up for Your Health Health Promotion workshop info. • Meal prioritization is focusing on "the Right Meal for You". • Discussion on impact of suggestion cards at sites. Recommended using a 5-question questionnaire instead of leaving it open-ended. • Will be recognizing National Food Days by sending flyers out to the dining sites. For example: information about apple on Apple Day. • Planning Malnutrition Awareness activity for September.
6. Dining Sites & HDM <ul style="list-style-type: none"> a. Outreach & Public Involvement, program ambassador b. Discussion on Ideas & Activities c. Picnic in the Park 	<ul style="list-style-type: none"> • Endeavor site hands out newsletters at elections. Discussion on where newsletters are available in the community. Recommended taking information to campgrounds. • Discussed possible guest speakers, show and tell, school kids coming to rehearse. Discussion on businesses sharing information on topics and avoiding sales pitches from them. • Picnic in the Park in Westfield: <ul style="list-style-type: none"> ○ Monday , August 19 ○ Tuesday, September 10 ○ Invite all dining sites to attend, recommended carpooling
7. Informational Items – Discussion Only.	Memory Cafe – 1 st Wednesday of each month in Westfield.
8. Next Meeting	Wednesday, October 30 @ 9:30 A.M. at the Endeavor location. {Rotate alphabetically. (Endeavor, Montello, Neshkoro, Oxford, Packwaukee, Westfield) Meetings four times a year. Meeting before the lunch meal.}
9. Motion to Adjourn	Adjourn at 11:51am, Phyllis motioned, Bonnie seconded the motion.

Minutes Submitted by Amelia Cisewski (Drafted 8/12/24)