

ADRC Advisory Committee

DATE 7/24/19

Board Members: Mike Raddatz, Kathy Jo Locke, Barb Jordan, Mona McTier, Lynn Schwochert, Cathy Kampen, Jan Banicki.

Board Members Absent: Donna Fisher, Marilynn Merrill

Others Present: Jan Krueger

1. Call to Order	Mike called meeting to order at 9:31
2. Pledge of Allegiance	
3. Review and Approve Agenda	Barb made the motion to approve the agenda. Jan seconded the motion. Motion passed.
4. Citizen Comments	Barb discussed her experience for delivering meals. Lynn reported that herself, Kathy and Mona – did living well with chronic conditions – wrong title. Should be called “Living Well”. They learned so much for all areas of life. Participants would like more follow up information on all of the chapters. They would like to know what Marquette County has to offer to continue the lessons learned.
5. Review and Approve Minutes of 4/25/19	Barb made the motion to approve the minutes and Mona seconded the motion. Mike made a note of a typo. Motion carried with the correction.
6. 2019-2021 Aging Plan Review of goals.	<p>Focus Area 6-A. Advocacy Related Activities</p> <ol style="list-style-type: none"> 1. Let’s make advocacy vibrant. The ADRC will purchase vibrant index/post cards. The post cards will be used to send representatives information on what matters to seniors/healthy aging. Make your representatives aware of what matters to you. (Help your opinion stand out- fill the card out). Cards available in 2019. The NEON note cards have been ordered and Sent to the dining sites. <p>Focus Area 6-B. The Elder Nutrition Program</p> <ol style="list-style-type: none"> 1. Offer information on health literacy, the Nutrition Coordinator will provide a nutrition related activity designed for distribution to HDM/Dining Sites/ and an article in the newspaper. Successful completion will be evidenced by 6 activities in 2019. Information about gardening and health benefits has been distributed to the dining sites and to county staff. As well as nutritional facts about what is produced in the garden and used in the meals. Discussion on community garden philosophy and volunteers for production. Discussion about grown produce in the senior nutrition meals. <p>Focus Area 6-C. Services in Support of Caregivers</p> <ol style="list-style-type: none"> 1. Increase the ease of accessing the information/resources available to caregivers and the community. The ADRC will update the website to include/expand the amount of information available to caregivers by 2019. This will include information on the Caregiver Support Group and revamping the information that is available to Marquette County Residents. Successful completion will be measured by a 10% increase of

	<p>website utilization in 2019. Alex did Dining Site Presentations at all locations in February 2019</p> <p>Focus Area 6-D. Services to People with Dementia</p> <ol style="list-style-type: none"> To increase dementia awareness in Marquette County, The ADRC will coordinate a training for law enforcement/first responders about working with someone with dementia. The training will have 20 participants and be completed by 12/2019. The opportunity for this training was available and was scheduled and completed in June 2018. <p>Focus Area 6-E. Healthy Aging</p> <ol style="list-style-type: none"> To increase Health Promotions Programs, we will have two leaders trained in Living well with Chronic Conditions and offer a class in the spring of 2019. Successful completion will have 10 participants enrolled with a 75% completion rate. The leaders have been trained –spring class has been scheduled – flyer handed out. Challenged all committee members to either attend or share the flyer with someone they know who would benefit from the program. We had a successful training. <p>Focus Area 6-F. Local Priorities</p> <ol style="list-style-type: none"> Increase technology information for Seniors. The ADRC along with local Libraries will offer Seniors and Technology classes. The class may involve information related to computers, internet, tablets, and smart phones. Successful completion of goal will be demonstrated by 10 seniors participating in 2019. Message left on Library voice mail about brining a Seniors and Technology class to Westfield. They returned the call and stated that they would be doing a class more towards fall/winter. <p>Discussion on newspaper and having an ADRC Corner. Advertise something every week was a suggestion. Suggestion to post the 3-year plan goals. Talked about the website and newsletter as additional forms to advertise events. Discussed the upkeep of the newspaper articles. Discussed an increase of newspaper information.</p>
7. Nutrition Program – Sustainable Kitchens Grant/Assessment	Nutrition program discussion. Assessment of the kitchen and the senior nutrition process. The assessment went very well. We have a great program and a very nice kitchen. Have the opportunity to work with Sustainable Kitchens to take steps towards “back to scratch” cooking, locally grown and produced products. We were awarded the grant for the “starter Kit” which includes working with Sustainable Kitchens, procedures, menu development and group purchasing power. Scheduled presentation for the Senior Picnic September 12 th .
8. ADRC one-time funding	Applied for a one-time funding grant to improve ADRC signs, advertising and promotions. The van wrap for the transportation van was approved. The ADRC logo will be put on the van similar to the nutrition vans, but with “Transportation” on the van. Also approved was to update the parking signs and building sign.
9. Events/topics (discussion only)	Evening Meal – next one is August 1 st in Westfield, Montello, and Oxford. Senior Picnic – September 12 th Presentation from Sustainable Kitchens

	Caregiver Lunch & Resource fair – November 1 st . We will be seeking nominations soon. Speaker is Marty Schreiber former Governor of WI and caregiver for his wife and Author of “My two Elaines”
10. Schedule Next Meeting Date	October 24 th at 9:30am
11. Motion to Adjourn	Lynn made the motion to adjourn at 10:32am.

Minutes Submitted by Jan Krueger

(Drafted 7/25/19)