

ADRC Advisory Committee

DATE 7/15/2021

Board Members: Mary Walters, Judi Nigbor, Lynn Schwochert, Marilynn Merrill, Mona McTier, Barb Jordan, Cathy Kampen, Donna Brossard, Marilynn Merrill

Board Members Absent: Jan Banicki,

Others Present: Jan Krueger, Richell Kufahl

1. Call to Order	Lynn called meeting to order at 9:01
2. Pledge of Allegiance	
3. Review and Approve Agenda	Mary made the motion to approve the agenda. Judi seconded the motion. Passed
4. Citizen Comments	None
5. Review and Approve Minutes of 1/14/2021	Mona made the motion to approve the minutes and Barb Seconded the motion. Passed
6. 2022-2024 Aging Plan Development a) Survey – Paper and Online b) Listening Session c) Draft plan development	<p>Survey to gather a wide variety of feedback.</p> <ul style="list-style-type: none"> • Sent to the Food Bank to distribute in the bags • Sent to the Care Center • Given to senior housing copies dropped off with HDM route • HDM participants • Montello Feeding America April distribution 2 weeks in April • Endeavor Feeing America • Online survey available • Reminders at Board meeting with paper copy available • Add in the newspaper • Full survey in the newsletter <p>Review the preliminary results of the survey. Listening Session : May – online session, July – at the fair. Discussion.</p> <p>Aging Plan Development: Topic Areas discussed based on survey/listening session results.</p> <ol style="list-style-type: none"> 1. Understanding Medicare and Drug Plan Choices 2. Home Delivered Senior Meals 3. Transportation Services 4. Social isolation and loneliness <p>Major areas to be addressed in the goals are:</p> <ol style="list-style-type: none"> 1. Title IIIB Supportive Services: 2. Title IIIC Nutrition Program: 3. Title IIID Health Promotions: 4. Title IIIE Caregiver Support: 5. Enhance Community Engagement: 6. Person-Centered Services: 7. Equity: 8. Advocacy: <p>Goal plan development draft recommendations reviewed.</p> <ul style="list-style-type: none"> • Transportation services to expand to more shopping opportunities. More transportation to dining sites for meals and activities. Having

	<p>more transportation available for specific activities/social engagement.</p> <ul style="list-style-type: none"> • Advertise for transportation to the Nutrition Program. Example: Montello- Mondays or Westfield-Wednesdays. The van is in the area so people can go to the Dining sites. • Health Promotions: new classed for health and social engagement. Stand Up Move More. Living well with Diabetes. Offer in more locations. IE: VFW or Legions. • Offer caregiver support online and in person to reach a wider range of people. Bring back the caregiver luncheon and resource fair. • Community Engagement: attending more community events that are hosted by the community. Fish-n-Fun, Family Adventure Day, Chicken Chew, Sharing Supper, etc. Have the Vans available for people to see. They are a Mobil billboard. • Person Centered Services – expand senior and technology information/education. More social engagement opportunities. • Equity – work with UMOUS or LaClinica to participate in one of their community events. • Advocacy- have a learning series at the dining site once they open. Including: Who are you legislators. Legislative process. How to tell your story. <p>The draft plan will be sent to the GWAAR contact by the end of July. The plan will be revised after feedback from GWAAR. Listening sessions will be in September/October. Adjustments to plan will be reviewed by ADRC Advisory Committee for the final submission of the plan.</p>
5. Events/topics (discussion only)	Nothing presented.
6. Schedule Next Meeting Date	November 4, 2021 @ 9am.
7. Motion to Adjourn	Barb made the motion to adjourn. Adjourn at 10.03am.

Minutes Submitted by: Jan Krueger
(Drafted 7/15/2021)