

Marquette County Department of Human Services

Nutrition Advisory Council

DATE 5/20/2019

Members Present: Edwin Stelter, Marian Heller, Sally Witz, Judy Johnson, Virginia Beitzel, Joyce Komorowski, Cathy Kampen, Lucy Dewsnap

Others Present: Amelia Cisewski

Not present: Naomi Fritz, Barb Haefner, Sammy Tousey

1. Call to Order	Ed called the meeting to order at 10:28am
2. Pledge of Allegiance	
3. Approval of Agenda	Joyce made the motion to approve the agenda and Judy seconded the motion. Motion passed.
4. Introduction and Welcome of Attendees	Introduction of all participants.
5. Review and approval of Minutes	Cathy made the motion to approve and Marian seconded the motion. Motion passed.
6. Add LIFE Centers a) Ideas and Activities b) Quality and Service of meals	<p>Endeavor- show and show is continuing to go well, very popular, 10th year anniversary, next week will have a small celebration on May 29th</p> <p>Oxford- continuing to play cards</p> <p>Packwaukee- enjoys talking, Fridays play cards and will start playing bingo again, has been having an increase in participation, Diane has been calling participants to increase numbers, not necessarily new people, but people who haven't been here in a while</p> <p>Neshkoro- Roger plays guitar last Friday of each month, Crawford funeral home presented, plays cards, haven't been Wii bowling, tea party went over well</p> <p>Montello- has decreased participation, site is relocated to the health and human services building, still has a deck of cards handy, Wii bowling</p> <p>Menu:</p> <p>Endeavor did not care for black bean au gratin potatoes Citrus chicken had good flavor but was small Mediterranean Chicken Quinoa: tasted good, a little dry, poor presentation Neshkoro thought fish was small and dry Sweet and sour chicken good, cranberry meatballs delicious Beef steak, mashed potato- delicious meal Oxford enjoys meatloaf, bean medley not the best Did not care for scrambled eggs and crepes Like chicken alfredo lasagna Neshkoro liked applesauce with potato pancakes Packwaukee likes wraps, loved the shrimp salad Montello- liked getting the salad in a container so they can take it home Overall the meals are better than they were 10 years ago, if they try something new there is always something that they like and many foods they wouldn't cook or make for themselves</p>
7. ADRC a) Nutrition Coordinator updates and projects	Older American Celebration recap: recommended to consider having event at Endeavor next year and switch up locations, jeopardy went very well, advertise the jeopardy more next year

<ul style="list-style-type: none"> b) Evening Meals c) Health Promotion Program 	<p>June evening meals: Neshkoro – Casino theme, games Packwaukee – Gone Fishing theme, bingo They enjoy evening meals, have a good time, many people come</p>
<p>8. Information items</p> <ul style="list-style-type: none"> a) 2019 Meeting dates b) Memory Café 	<p>January - Montello 1/21/19 March – Endeavor 3/13/19 May - Packwaukee 5/20/19 July – Oxford 7/16/19 September - Westfield 9/16/19 November - Neshkoro 11/18/19 Reminder of the memory café. 1st wed of the month. Decorating cookies for next month. Advocacy Day on Tuesday, May 14th</p>
<p>9. Next Meeting</p>	<p>July 16, 2019 at the Oxford site at 10:30</p>
<p>10. Motion to Adjourn</p>	<p>Cathy made a motion to adjourn. Joyce seconded the motion 11:23am.</p>

Minutes Submitted by: Amelia Cisewski
(Drafted 5/20/2019)