

## ADRC Advisory Committee

DATE 1/24/19

Board Members: Mike Raddatz, Kathy Jo Locke, Barb Jordan, Mona McTier, Lynn Schwochert, Cathy Kampen, Jan Banicki, Marilynn Merrill, Donna Fisher.

Board Members Absent:

Others Present: Jan Krueger

1. Call to Order	Mike called meeting to order at 9:45
2. Pledge of Allegiance	
3. Review and Approve Agenda	Barb made the motion to approve the amended agenda. Marilynn seconded the motion. Motion passed.
4. Citizen Comments	none
5. Review and Approve Minutes of 1/24/19	Jan made the motion to approve the minutes and Marilyn seconded the motion. Motion carried.
6. Board Members – terms and reappointments	<i>Marilynn Merrill and Mona McTier are up for reappointment. Cathy made a motion to recommend Marilynn and Mona for another term on the ADRC Advisory Committee and pass the recommendation on to full county board. Lynn seconded the motion. Motion Passed.</i>
7. 2019-2021 Aging Plan Review of goals.	<p>Focus Area 6-A. Advocacy Related Activities</p> <ol style="list-style-type: none"> <li>1. Let’s make advocacy vibrant. The ADRC will purchase vibrant index/post cards. The post cards will be used to send representatives information on what matters to seniors/healthy aging. Make your representatives aware of what matters to you. (Help your opinion stand out- fill the card out). Cards available in 2019. <b>The NEON note cards have been ordered and will be sent to the dining sites.</b></li> </ol> <p>Focus Area 6-B. The Elder Nutrition Program</p> <ol style="list-style-type: none"> <li>1. Offer information on health literacy, the Nutrition Coordinator will provide a nutrition related activity designed for distribution to HDM/Dining Sites/ and an article in the newspaper. Successful completion will be evidenced by 6 activities in 2019. <b>March was nutrition month and several information items went out to HDM/Dining Sites. As well as a county wide staff quiz challenge.</b></li> </ol> <p>Focus Area 6-C. Services in Support of Caregivers</p> <ol style="list-style-type: none"> <li>1. Increase the ease of accessing the information/resources available to caregivers and the community. The ADRC will update the website to include/expand the amount of information available to caregivers by 2019. This will include information on the Caregiver Support Group and revamping the information that is available to Marquette County Residents. Successfully completion will be measured by a 10% increase of website utilization in 2019. <b>Alex did Dining Site Presentations at all locations in February 2019</b></li> </ol> <p>Focus Area 6-D. Services to People with Dementia</p> <ol style="list-style-type: none"> <li>1. To increase dementia awareness in Marquette County, The ADRC will coordinate a training for law enforcement/first</li> </ol>

	<p>responders about working with someone with dementia. The training will have 20 participants and be completed by 12/2019. <b>The opportunity for this training was available and was scheduled and completed in June 2018.</b></p> <p>Focus Area 6-E. Healthy Aging</p> <ol style="list-style-type: none"> <li>1. To increase Health Promotions Programs, we will have two leaders trained in Living well with Chronic Conditions and offer a class in the spring of 2019. Successful completion will have 10 participants enrolled with a 75% completion rate. <b>The leaders have been trained –spring class has been scheduled – flyer handed out. Challenged all committee members to either attend or share the flyer with someone they know who would benefit from the program.</b></li> </ol> <p>Focus Area 6-F. Local Priorities</p> <ol style="list-style-type: none"> <li>1. Increase technology information for Seniors. The ADRC along with local Libraries will offer Seniors and Technology classes. The class may involve information related to computers, internet, tablets, and smart phones. Successful completion of goal will be demonstrated by 10 seniors participating in 2019. <b>Message left on Library voice mail about bringing a Seniors and Technology class to Westfield.</b></li> </ol> <p>Discussion about technology and access to the community (Food Bank).</p>
8. Nutrition Program – Sustainable Kitchens Grant/Assessment	Nutrition program discussion. Assessment of the kitchen and the senior nutrition process.
9. Events/topics (discussion only)	<p>Follow-up discussion on “February Barb, Marilyn, and Kathy Jo will do an outreach at the food bank” Kathy Jo reported that she went for 2 hours. Talked to 98% of the people. Asked if they knew about the ADRC and not a lot of the knew. Most of them do not have computers and don’t want a computer. Word of mouth is the biggest way for outreach. Newsletter was not known about – need more at the food bank.</p> <p>Discussion about LaClinica.</p> <p>Lynn recommended doing an ADRC outreach at the foodbank min of 2 times a year.</p> <p>Discussion about resources and ramps. Recommendation to have people call the ADRC to problem solve based on their situation.</p>
10. Schedule Next Meeting Date	July 25 at 9:30am
11. Motion to Adjourn	Barb made the motion and Marilyn seconded.

Minutes Submitted by Jan Krueger  
(Drafted 4/25/19)