

ADRC Advisory Committee

DATE 2/2/2023

Board Members: Mary Walters, Judi Nigbor, Lynn Schwochert, Mona McTier, Cathy Kampen, Marilyn Merril,

Board Members Absent: Barb Jordan, Donna Brossard, Patty Pranke

Others Present: Jan Krueger

1. Call to Order	Lynn called the meeting to order at 9:02
2. Pledge of Allegiance	
3. Review and Approve Agenda	Marilynn made the motion to approve the agenda. Mary seconded the motion. Passed
4. Citizen Comments	
5. Review and Approve Minutes of 11/3/22	Mary made the motion to approve the minutes from 11/3/22. Marilyn seconded the motion. Motion Passed
6. 2022-2024 Aging Plan	<p>2023 Aging Unit Plan review goals for the calendar year 2023 Focus area: Title IIIB Supportive Services/Person-Centered Services Strategy 3: Create a new route and publish additional opportunities for transportation. Action step: Work with the Transportation Coordinator to establish a weekly shopping or dining option. Days of the week and location of service will be placed on the schedule. 3/30/23 Action step: Advertise the new transportation options to the current customers. Letter, flyer, or note card.</p> <p>Focus area: Title IIIC Nutrition Program Strategy 2: Increase education by offering 3 nutrition education workshops “Stepping Up your Nutrition”. Action step: Promote and offer the nutrition education workshop “Stepping Up your Nutrition”. Promotional Materials Developed 10/2023 Action step: First class offered. Dates for 2 additional cases were established. First class. 12/2023</p> <p>Focus area: Title IIID Health Promotions Strategy 2: Training and offer Stand Up and Move More classes. Action step: establish at least two locations and dates to host the class. 2 locations and dates will be established by 12/30/2023.</p> <p>Focus area: Title IIIE Caregiver Support Strategy 3: Offer both online and in-person options for caregiver support group Action step: Determine if additional equipment is needed and secure it. List of supplies needed 6/2023</p> <p>Focus area: Enhance Community Engagement Strategy 2: Use the ADRC-wrapped vans as outreach at the county fair. 2023 Action step: Seek permission from the board Written or Documentation of verbal confirmation to attend the event. 4/2023 Action step: secure a spot for booth and outreach materials. Registration fee and ordering outreach material invoices. 5/2023</p>

	<p>Action step: participate in the event to bring awareness of programs and gain community feedback. Participation in the event. 7/2023</p> <p>Focus area: Equity:</p> <p>Strategy 2: Connect with community agencies/organizations that serve marginalized people. Action step: Make a list of local agencies/organizations that serve marginalized people. List developed 3/2023</p> <p>Action step: Connect with the community agencies by asking them to share with the ADRC what type of services they offer to community members. Add services offered to the resource list. 6/2023</p> <p>Action step: Update the website resource section to reflect the agencies and services they offer. Website updated 12/2023</p> <p>Focus area: Advocacy.</p> <p>Strategy 2: Invite legislators to attend the dining site/event. Action step: Invitation to legislators to establish a date. Written email 3/2023</p> <p>Action step: The date for connecting with legislators is established, put on the calendar, and advertised. Published date. 6/2023</p> <p>Action step: Meeting with legislators Legislator at event 9/2023</p>
7. Events/topics (discussion only)	<ul style="list-style-type: none"> ❖ Marquette County ADRC Mentor to others. Discussion about the program, team, and history. ❖ Disability Advocacy Day is scheduled for March 23, 2023 ❖ Aging Advocacy Day (AAD) is scheduled for May 9, 2023 ❖ Fish N Fun looking for volunteers. Marilyn and Lin will volunteer ❖ Discussion on outreach and community connections: <ul style="list-style-type: none"> ○ Activities that would be nice to be involved in: Holiday Parades, Fish N Fun, Fair, and other community parades. ○ Community outreach: Umos, La Clinica, Amish (Bishops first) ○ Advocacy – Include local officials when inviting representatives to dining sites. Invite local officials to attend dining sites.
8. Schedule the Next Meeting Date	April 27 th , 2023 @ 9 am.
9. Motion to Adjourn	On the completion of the Agenda Lynn calls the meeting to adjournment. 9:54 am.

Minutes Submitted by: Jan Krueger
(Drafted 2/2/2023)