

## ADRC Advisory Committee

*DATE 2/1/24*

Board Members: Mary Walters, Lynn Schwochert, Donna Brossard, Mona McTier, Cathy Kampen, Barb Jordan (virtual)

Board Members Absent: Patty Pranke, Marilynn Merrill, Lance Achterberg

Others Present: Jan Krueger, Ron Barger, Mandy Stanley (Virtual)

1. Call to Order	Lynn called the meeting to order at 9:01
2. Pledge of Allegiance	
3. Review and Approve the Agenda	Mary made the motion to approve the amended agenda. Donna seconded the motion. Passed
4. Citizen Comments	None
5. Review and Approve Minutes of last meeting	Mary made the motion to approve the minutes. Cathy Seconded the motion. Motion Passed
6. Committee Members – Review and recommend replacements	Mary made a motion to appoint Kathy Grant to the ADRC advisory committee. Replacing the position that Marilynn Merrill has left vacant. Cathy Kampen seconded the motion. Motion passed.
7. 2022-2024 Aging Plan A. 2024 Review Plan Goals	<p>Aging Unit Plan review goals for the calendar year 2024</p> <p>Focus area: Title IIIB Supportive Services/Person-Centered Services  Strategy 1 &amp; 2 have been completed in 2022 and 2023. Strategy 3 was modified in 2023 due to budget restrictions and the inability to create new transportation options. – This focus area is considered complete.</p> <p>Focus area: Title IIIC Nutrition Program  Strategy 1 &amp; 2 have been completed in 2022 and 2023.  Strategy 3 - Increase education and resources discussed with clients.  Action step: Develop a list of local resources to discuss with clients.  Action step: Add local resources to Enhanced Determine Checklist for HDM assessments.  Action step: Start utilizing Enhanced Determine Checklist for HDM assessments.  Action step: establish at least two locations and dates to host the class.</p> <p>Focus area: Title IIID Health Promotions  Strategy 1 &amp; 2 have been completed in 2022 and 2023.  Strategy 3: Training and offer Living Well with Diabetes.  Action step: Apply to have Nutrition Coordinator trained in Living Well with Diabetes</p> <p>Focus area: Title IIIE Caregiver Support  All Strategies have been completed in 2022 and 2023.</p> <p>Focus area: Enhance Community Engagement  Strategy 1 &amp; 2 have been completed in 2022 and 2023.  Strategy 3: Participate in Dairy Delicious Days in Westfield.  Action step: secure a spot for the booth or enroll an ADRC team and use outreach materials.  Registration fee and ordering outreach material invoices.  Action step: participate in the event to bring awareness of programs and gain community feedback.</p> <p>Focus area: Equity:  Strategy 1 &amp; 2 have been completed in 2022 and 2023.  Strategy 3: Staff will advocate for change.  Action step: Develop a list of items (at least 3) that need to change</p>

	<p>Action step: Determine what governing body needs to make the change.</p> <p>Action step: Submit proposal for change.</p> <p>Focus area: Advocacy.</p> <p>Strategy 1 &amp; 2 have been completed in 2022 and 2023.</p> <p>Strategy 3: Communication and advocacy through technology.</p> <p>Action step: Share information about email and websites connected to legislators.</p> <p>Action step: Demonstrate how to utilize technology to access a webpage and find topics the legislators are working on.</p> <p>Action step: Have tablets at the Dining Sites for seniors to research topics.</p>
8. Nutrition Program Suggested Donation Review and Modification	<p>Review of Marquette County data from 2015-2022. Review of State level suggested donation rates. Discussion on data and sustainability of Marquette County Nutrition Program.</p> <p>Mary made a motion to increase the suggested donation rate for Home Delivered Meals to \$4.50 and Congregate Dining to \$4.00 per meal starting July 1, 2024. Mona seconded the motion. Motion passed.</p>
9. Events/topics (discussion only)	❖ Nothing Presented
Schedule the Next Meeting Date	May 16, 2024 @ 9 A.M.
10. Motion to Adjourn	Upon completion of the agenda, Lynn called the meeting to adjournment at 10:07 A.M.

Minutes Submitted by: Jan Krueger  
(Drafted 2/1/2024)