

Nutrition Advisory Committee

DATE 11/9/23

Board Members Present: Marian Heller, Louis Jordan, Anita Wilderman

Board Members Absent: Marilyn Merrill, Cathy Kampen, Lucy Dewsnap

Agency Partners: Amelia Cisewski

1. Call to Order	Amelia called the meeting at 10:40
2. Review and Approve Agenda	Marian made a motion to approve the agenda. Louie seconded the motion. Motion passed.
3. Introduction and Welcome	Introductions made. Marian- Neshkoro, Louie- Packwaukee, Anita- Westfield
4. Program implementation and Policy Review. <ul style="list-style-type: none"> a. Nutrition Guidelines update b. State Review of Nutrition Program c. Food Safety d. Volunteers 	<ul style="list-style-type: none"> • Discussed possible nutritional requirement changes that could be coming in the future. Nutritional requirements will remain the same next year. • Lori, our GWAAR Nutrition Rep, completed our 3-year nutrition program assessment. We were in compliance. Will share when we get official report back. • Volunteer food safety training. Reviewing food safety with volunteers at site. Completed in Endeavor. Will schedule at other sites.
5. Nutrition Program <ul style="list-style-type: none"> a. Nutrition Coordinator 	<p>Offering a new health promotion workshop next year called Stepping On. The program is 1 day a week for 7 weeks and is on falls prevention. Sites enjoyed Malnutrition Awareness trivia- all learned something. Surveys- sent out GWAAR satisfaction survey. Evaluating results from menu survey that was sent out this summer. Dining Sites and HDM – survey was sent out. Starting to pilot the meal prioritization tool. Discussion on donations.</p>
6. Dining Sites & HDM <ul style="list-style-type: none"> a. Outreach and Public Involvement, program ambassador b. Discussion on Ideas & Activities - think about county-wide interests 	<ul style="list-style-type: none"> • Sharing information about dining sites with others/neighbors • Idea to send dining site brochure with gift certificate to local churches around the holidays. Amelia will print brochures and send to sites/NAC members to distribute. Suggested more ethnic meals on the menu. Discussion on possible guest speakers at sites. Discussion on Neshkoro kitchen
7. Informational Items – Discussion Only.	Memory Cafe – 1 st Wednesday of each month in Westfield. Caregiver Luncheon went well.
8. Next Meeting	Tuesday, February 6 th @ 10:30 A.M. at the Oxford location. {Rotate alphabetically. (Endeavor, Montello, Neshkoro, Oxford, Packwaukee, Westfield) Meetings four times a year. Meeting before the lunch meal.}
9. Motion to Adjourn	Adjourn at 11:55, Anita made the motion to adjourn.

Minutes Submitted by Amelia Cisewski (Drafted 11/9/23)