

ADRC Advisory Committee

DATE 7/24/19

Board Members: Mike Raddatz, Kathy Jo Locke, Barb Jordan, Mona McTier, Cathy Kampen, Donna Fisher, Marilyn Merrill

Board Members Absent: Lynn Schwochert, Jan Banicki

Others Present: Jan Krueger

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| 1. Call to Order | Mike called meeting to order at 9:31 |
| 2. Pledge of Allegiance | |
| 3. Review and Approve Agenda | Marilyn made the motion to approve the agenda. Barb seconded the motion. Motion passed. |
| 4. Citizen Comments | None |
| 5. Review and Approve Minutes of 7/25/19 | Kathy Jo made the motion to approve the minutes and Marilyn seconded the motion. |
| 6. 2019-2021 Aging Plan Review of goals. | <p>Focus Area 6-A. Advocacy Related Activities</p> <p>1. Let's make advocacy vibrant. The ADRC will purchase vibrant index/post cards. The post cards will be used to send representatives information on what matters to seniors/healthy aging. Make your representatives aware of what matters to you. (Help your opinion stand out- fill the card out). Cards available in 2019. The NEON note cards have been ordered and Sent to the dining sites.</p> <p>Focus Area 6-B. The Elder Nutrition Program</p> <p>1. Offer information on health literacy, the Nutrition Coordinator will provide a nutrition related activity designed for distribution to HDM/Dining Sites/ and an article in the newspaper. Successful completion will be evidenced by 6 activities in 2019. Information about gardening and health benefits has been distributed to the dining sites and to county staff. As well as nutritional facts about what is produced in the garden and used in the meals. Discussion on community garden philosophy and volunteers for production. Discussion about grown produce in the senior nutrition meals.</p> <p>Focus Area 6-C. Services in Support of Caregivers</p> <p>1. Increase the ease of accessing the information/resources available to caregivers and the community. The ADRC will update the website to include/expand the amount of information available to caregivers by 2019. This will include information on the Caregiver Support Group and revamping the information that is available to Marquette County Residents. Successfully completion will be measured by a 10% increase of website utilization in 2019. Alex did Dining Site Presentations at all locations in February 2019</p> <p>Focus Area 6-D. Services to People with Dementia</p> <p>1. To increase dementia awareness in Marquette County, The ADRC will coordinate a training for law enforcement/first</p> |

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| | <p>responders about working with someone with dementia. The training will have 20 participants and be completed by 12/2019. The opportunity for this training was available and was scheduled and completed in June 2018.</p> <p>Focus Area 6-E. Healthy Aging</p> <ol style="list-style-type: none"> To increase Health Promotions Programs, we will have two leaders trained in Living well with Chronic Conditions and offer a class in the spring of 2019. Successful completion will have 10 participants enrolled with a 75% completion rate. The leaders have been trained –spring class has been scheduled – flyer handed out. Challenged all committee members to either attend or share the flyer with someone they know who would benefit from the program. We had a successful training. <p>Focus Area 6-F. Local Priorities</p> <ol style="list-style-type: none"> Increase technology information for Seniors. The ADRC along with local Libraries will offer Seniors and Technology classes. The class may involve information related to computers, internet, tablets, and smart phones. Successful completion of goal will be demonstrated by 10 seniors participating in 2019. Message left on Library voice mail about bringing a Seniors and Technology class to Westfield. Asked them to provide dates so we could include it in the newsletter for November and December. <p>Suggestion to put goals and what is completed in the newspaper.</p> |
| 7. Transportation Program – Draft policies | <p>Title VI Plan: Marilyn made a motion to approve and move the draft to the Human Services Board. Mona seconded the motion. Motion passes.</p> <p>Maintenance Procedure: Marilyn made motion to approve and move the draft to the Transportation Coordinating Committee. Barb seconded the motion. Motion carried.</p> <p>Conduct Policy: Barb made a motion to approve and move the draft to the Human Services Board. Marilyn seconded the motion. Motion passed.</p> |
| 8. ADRC one-time funding | <p>Applied for a one-time funding grant to improve ADRC signs, advertising and promotions. The van wrap for the transportation van was approved. Picture e-mailed to the group. The Van has been completed. Part of the grant was to update the parking signs and building sign.</p> <p>Building sign drafts should be to the department by the end of the week. Then passed on to Property Committee and Human Services Board.</p> |
| 9. Events/topics (discussion only) | Caregiver Lunch & Resource Fair. – Flyer Shared via e-mail |
| 10. Schedule Next Meeting Date | January 23 rd at 9:30am |
| 11. Motion to Adjourn | Mike made the motion to adjourn at 10:17am. |

Minutes Submitted by Jan Krueger
(Drafted 10/25/19)