**Marquette County Department of Human Services**

**Nutrition Advisory Council**

*DATE 1/28/2020*

Members Present: Edwin Stelter, Sammy Tousey, Sally Witz, Marian Heller, Judy Johnson, Joyce Komorowski, Betty Dixon, Cathy Kampen

Others Present: Jan Krueger, Marsha Albright (visiting from Westfield)

Not Present: Barb Haefner Marilyn Merrill, Virgina Beitzel, Lucy Dewsnap, Naomi Fritz,

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| 1. Call to order | Ed called the meeting to order at 10:30am |
| 1. Pledge of Allegiance |  |
| 1. Approval of Agenda | Betty made a motion. Cathy seconded. Motion passes |
| 1. Introduction and Welcome of Attendees | Introduced all participants. |
| 1. Review and approval of minutes | Joyce made a motion. Marian seconded. Motion Passes |
| 1. ADRC |  |
| 1. Nutrition Coordinator updates and projects 2. Evening Meal Dates 3. National Nutrition Month 4. Site Evaluations | 1. In February Amelia will we offering the cooking for 1 or 2 classes. Working on setting up Walk with Ease classes. Looking at Westfield for April or May. What other site would like WWE and have participants? Packwaukee would like WWE. 2. Evening Meal Dates:  June 8th   August 18th  October 1st.  All sites that would normally be open on that day will have an evening meal. Dining site managers should have volunteers help plan evening meal events/activities and Volunteer at the Evening Meal.     1. Amelia will go to each of the site and play nutrition Jeopardy 2. Most of the evaluations are complete. Oxford is remaining. So far projects include labeling the cupboards, new signs by sign-in sheets, posting expectations and site mission. |
| 1. Add LIFE Centers |  |
| 1. Discussion on Ideas & Activities form each site 2. Discussion on quality and service of meals | 1. Monthly Trivia will be sent out to all sites. Responses can be given to Dining Site Manager or Meal Driver. All correct responses will be entered into a monthly drawing. February is cooking for 1 or 2.   March is nutrition month and will involve trivia. May will be an Older American Celebration. June evening meal. July County Fair. August evening meal. September senior picnic. October evening meal. November caregiver celebration and resource fair.   1. Westfield: Chicken was dry yesterday. This sparked a discussion between all dining sites. The rest of the dining sites had great chicken. Discussion on quality of food not specific food items. Different people have different tastes. A variety of meals are created to appeal to a variety of people. Not everyone will be satisfied with the same meal.   The example above demonstrates that a quality issue happened at the Westfield site not the entire program. However, if everyone had extremely dry chicken then it would have been a quality issue with central kitchen.  Encouraged all sites to have participant fill out comment cards on quality of food items. Issues and success should be documented on the comment cards.  Discussion continued as one site reported they did not like the Mediterranean salmon. Then several sites reported that people loved the Mediterranean salmon. The sites that did not like it reported more on not liking salmon or the mix of flavors not necessarily the quality of the salmon.  Endeavor then discussed that people report “cold” food. Talked about temps and expectations. Discussed process on keeping food hot. Also discussed perspective of the people reporting. Example: report of “cold rice” came in on a day that Jan ate at Endeavor dining site. Jan was 2nd to last to be served and completed tasks prior to sitting down to eat. Jan reported the rice “was not steaming hot” but was not “cold”. Will evaluate temp log for temps prior to serving. |
| 1. Informational Items |  |
| 1. Meeting Dates 2. Memory Café | March – Endeavor 3/11/20  May - Packwaukee 5/18/20 at 10:00am  July – Oxford 7/21/20  September - Westfield 9/15/20  November - Neshkoro 11/16/20  1st Wednesday of the month in Westfield at 10:00am |
| 1. Next meeting | March 11th in Endeavor at 10:30 |
| 1. Tour of Central Kitchen |  |
| 1. Motion to Adjourn | Joyce made a motion, Judy seconded. 11:33 with tour to follow. |

Minutes Submitted by: Jan Krueger

(Drafted 1/28/2020)